



Open Daily - Labor Day Weekend  
Through Christmas Eve.

**ALL HOMEMADE**

From Our Ranch To Your Table...

**The Bake Shop** offers 12 kinds of pies; Apple Strudel, Dumplings, Crisp, DoNuts, Fritters, Breads, Cakes, and Cookies...

**Candy Lovers** enjoy our Custom Country Fudge, caramallows, Caramel Apples, Turtles, and more...

**The Pantry** is filled with **Apple** Butter, Sauce, Marmalade and Cider Sauce.



**Weekends & Holiday Extras:**

Horse/Pony Rides\*, Hay Maze\*, Craft Fair  
\*Weather Permitting

**Fresh Apples & Cider**

Abel's Cafe & BBQ, Patio & Deck, Pond/Picnic Areas, Pumpkin Patch, Gift Store, Kids Booknook

Visit Our Online Country Store Year 'Round

[www.abelsappleacres.com](http://www.abelsappleacres.com)  
email: info@abelsappleacres.com

2345 Carson Road  
Placerville, CA  
Ph: (530) 626-0138  
We Have Indoor Restrooms  
& Ample Parking!



# Norma Brubaker Scholarship

It's been over twenty years since the Apple Hill® Growers Association began awarding scholarships in honor of Norma Brubaker. Norma was the heart of the group during its formative years. She began as a volunteer when the growers held the annual Apple Smorgy to let people know they could come and buy directly from the farmer. Her efforts were so effective that she was soon hired as an all around "go to" person for Apple Hill®.

When Norma passed away in 1984, the growers felt the best way to honor her was to help students achieve their goal of attending college. The association is proud that so many local students have benefited from these scholarships. The Brubaker family also generously contributes to the fund and this collaboration allowed us to award two \$1500 scholarships this past graduating year. Both recipients graduated from El Dorado High School and are pursuing their dreams.

**Sara Rangel** – Sara was active in numerous school theater productions and community activities in addition to maintaining a high grade point average.

She volunteered with the Sugarloaf Fine Arts Camp, participated in home repair projects on Native American reservations, and helped build homes for underprivileged families in Mexico. Her emphasis on the arts included vocal, piano and dance classes and speech and debate tournaments. She also went to a Spanish Immersion school to be able to communicate during her work stay in Mexico.

Her experiences also included seasonal work at Smokey Ridge Ranch and Madroña Winery, both Apple Hill® members.

Sara is now attending Lewis and Clark College in Portland and majoring in sociology and anthropology.

**Ryan Rothwell** – While attending El Dorado High School, Ryan was a highly motivated student and athlete. He excelled academically in advanced placement classes and was on the varsity tennis team all four years and on the varsity soccer team for two years. He was also recognized on the Principal's Honor Roll.

One of his community activities included volunteering at the Upper Room, a soup kitchen that feeds the hungry. He was an assistant coach of the High Sierra Soccer Club and volunteered for numerous tasks at Camino School.

Ryan plans to go into Environmental Science and is especially interested in water quality and stream management. While working at local farms, he realized how important clean and unpolluted water is to farming. The University of California Monterey Bay is his choice of schools to attain his goal of "making a difference".

## Beneficial Blueberries

A recent study conducted by the University of Michigan substantiated the claim that blueberries are a SUPERFOOD! Their findings suggest that blueberries:

- 1) Lower the risk of cardiovascular disease
- 2) Inhibit conditions that lead to diabetes
- 3) Promote mental focus
- 4) Reduce abdominal fat
- 5) Reduce food cravings
- 6) Reduce cholesterol
- 7) Promote healing
- 8) Slow the aging process

